



REGION VI

Presents

Annual Regional Meeting

May 4 - 6, 2007

Morongo Casino Resort & Spa
Palm Springs - Cabazon, California

Go to our website www.NMAnet.org



AGENDA HIGHLIGHTS

- **FRIDAY, MAY 4**
 - Regional Golf Challenge, 8am Tee Time
 - General Session, 12noon - 5pm
 - Welcome Reception, 5:30 - 7:30pm
- **SATURDAY, MAY 5**
 - General Session, 7:30 am - 3:00pm
 - State & Regional Membership meetings, 3:00 - 5:00 pm
 - Awards Dinner 7:00- 10:00 pm
- **SUNDAY, MAY 6**
 - General Session ,9am - 12noon
Featuring Keynote Speaker



For Room Reservations

Call Hotel directly at

(888) MORONGO
(1 - 8 8 8 - 6 6 7 - 6 6 4 6)



- **NMA Group Rate \$179 per night**
plus \$12 daily resort fee & applicable taxes
- **Must Reference Group Code:**
NMA or “National Medical Association”

FLY INTO PALMS SPRINGS AIRPORT (PSP)

Reserve Ground Transportation w/ Morongo Hotel
NMA Shuttle Rate \$ 50 each way....Taxi \$ 80 each way



ACTIVITY HIGHLIGHTS

- **AUXILIARY ACTIVITIES**
Breakfast meeting & Lecture Series – TBA
- **SHOPPING CENTERS**
Cabazon Outlets • Palm Springs City Center
- **CHILDREN ACTIVITIES**
Game Arcade • Swimming Pool, Desert Tours
- **PGA CLUB GOLF COURSES**
Oak Valley • Legends



National
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REGION VI

Annual Meeting

*Evidence-based Practice Management:
Guidelines for Optimal Mental and Physical Health*

REGISTRATION FORM

Morongo Casino Resort & Spa
Palm Springs- Cabazon, California

May 4-6, 2007

Pre-register FAX TO: Region Conference Services - (323) 298-4893 TODAY!!

NAME: _____ TITLE _____

NAME: _____ TITLE _____

DAY PHONE _____ FAX _____

EMAIL _____

CME MAILING ADDRESS _____

CITY/STATE _____ ZIP _____

MEMBER: Region VI Other

REGISTRATION: Please register in advance to allow for efficient planning **before April 20th, 2007.**

CME: NMA Member \$ 175 _____ Non-Member MD/Guest . . \$ 250 _____ SNMA Med Student . . \$ NC _____
 RN/ NP/PA/ Health Prof . . \$ 150 _____ Fellow/Resident \$ 25 _____ ANMA Member * . . . \$ 125 _____
 Registered NMA Member's Guest * \$ 175 _____ **includes meals & events- does not include CME*
 Saturday Dinner - No. in Party _____ Exhibitors \$ 800 _____ [includes 6 ft table top]
 Company _____

Registration includes meals at 1 reception, 2 breakfasts and 2 lunches and Saturday Dinner Banquet.

PAYMENT: **Credit card:** Visa MC AX Diners Will Pay On Site

Check (*Must Pre-register*) – Make Checks Payable to: NMA, write in memo: Region VI Meeting

Credit Card Number: _____ / _____ Expiration Date: _____
 3 digit code

I hereby authorize credit card charges for 2007 Region registration fee(s) totaling \$ _____.

Signature _____ Date _____

FAX REGISTRATION FORM TODAY to: REGION Conference Services • (323) 298-4893

Or Mail before April 20th To: NMA Region Conference Services, P.O. Box 35770, Los Angeles, CA 90035

Conference registration confirmation will follow via email or fax as provided above.

Call hotel directly for room reservations* at (888) MORONGO by March 10th, 2007

For further information, call REGION Conference Services 323-298-4890

For conference updates and helpful travel details

** subject to availability*



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REGION VI

Evidence-based Practice Management: Guidelines for Optimal Mental and Physical Health



Needs Assessment

The 2007 Regional program will focus on evidence-based practice management and the implications and use of guidelines in the physician's effort to optimize mental and physical health. Case-based discussion of several disease topic areas will demonstrate the incorporation of therapeutic guidelines as well as the evidence-based perspectives of treatment. Awareness of co-morbidities and concomitant diseases associated with diabetes, cardiovascular disease and psychosis is key to optimizing the health outcome of patients who suffer from disease-specific health disparities. This increase in our provider awareness will contribute to the reduction in typical cultural challenges that negatively impact our underserved patient outcomes. The leadership forums are designed to address current issues that will impact the regional and local medical communities.

Overall Purpose/ Goal of Activity

The purposes of the annual regional meeting are to assemble physicians to promote common interests, seek resolutions to shared concerns and to provide an enriching academic exchange. The goal of this activity is to enhance the quality of care by our provider members by increasing membership awareness and allowing the expert exchange of medical information in a variety of specialty areas.

Objectives

Upon completion of this educational activity, participants should be able to:

- Recognize behavioral disorders in adolescents prone to obesity, diabetic patients with challenging complications and patients who are victims of abuse and violence
- Understand the multidisciplinary issues related to Hepatitis, Tuberculosis,
- Incorporate the updated therapeutic guidelines in the management of HIV, Diabetes, immunizations and Hypertension
- Evaluate evidence-based practice management for chronic kidney disorders, diabetes and other diseases for which there are known health disparities.

Target Audience:

This activity is intended for all primary care physicians including those in the specialties of: Family Practice, Internal Medicine and subspecialties, Obstetrics/Gynecology, Medical Administration, Pediatrics, and Psychiatry and other specialties.

Program Highlights

- Updates on Emergency Contraception - Childhood Obesity - HIV - Hepatitis - New Immunizations - Violence and Abuse Issues - Dietary Guidelines & DASH
- Advances Disease Management - Tuberculosis, Chronic Kidney Disease, Depression, Hypertension, Diabetes, use of EMR in Practice Management
- Forum on Black Medical Education in California
- State of the Association with National Officers